

# BRUNCH

Brunch is served all day every day!

## » → MAINS ← «

**Blueberry Pancakes** – whole wheat pancakes, blueberry sauce, maple syrup, fresh fruit \$12  
+ add seitan bacon \$2

**Bagel BLAT** – Toasted sesame bagel, seitan bacon, mayo, avocado, lettuce, tomato served with roasted potato wedges \$13

**Daily Benny** – chefs selection of seasonal vegetables on toasted english muffin, eggy patty, house made hollandaise sauce served with roasted potatoes or salad. \$14  
+ add seitan bacon \$2

**Nomlette-gf** – the amazing vegan nom-let served with potatoes. Choice of 3 fillings: spinach, kale, broccoli, mushroom, tofu scramble, tomato, onion, jalapeno, red pepper. \$12  
+ ~additional toppings \$0.50 add coconut bacon \$1.00

**Banana Nut Caramel French Toast** – Country loaf bread, date caramel, pecan praline, caramelized bananas, maple syrup, and seitan bacon \$14

**Classic Plate-gf** – Organic tofu scramble, seasoned potatoes, gf cornbread, house salad, fruit \$13  
+ add side seitan bacon \$2

**Lox & Cream Cheese Bagel** – House made veggie lox and cream cheese with red onion, capers on a toasted local bagel served with house salad. \$14

**Breakfast Bowl** – seitan bacon, roasted potatoes, sautéed mushrooms and onions, steamed kale, toasted sesame seeds, dragon sauce. \$13

## » → SIDES ← «

**Muffins** – made fresh assorted \$2.40

**Cornbread** – \*gf \$2.00

**Tofu Scramble** – \*gf \$4.50

**Roasted Potatoes** – \$6.00

**Seitan bacon (2)** – \$2.00

**Seasonal Fruit** – \$5.00

**Steamed kale and broccoli** – \*gf \$6.00

**Pancake** – \$4.95

**all sauces & syrup** – \$1.50

## » → DRINKS ← «

**Coffee** – Organic fair trade \$2.50

**Tea** – Early grey, peppermint, chamomile, chai, tropical oolong, vanilla rooibos, hibiscus rose, green ginger turmeric, English breakfast \$3.00

**Orange Juice, Apple Juice, Grapefruit Juice** – \$3.00

**Spiked coffee** – coffee, baileys almond cream, coconut whip \$6.00

**Hot Chocolate** – house made hot chocolate with almond butter and coconut served with dandies marshmallows and coconut whip \$5.45

**Wild Tea** – Fresh pressed lemon, apple, ginger \$3.50

**Screwdriver** – vodka and orange juice \$6.00

**Caesar** – vodka, vegetable cocktail, Tabasco, celery salt, house made worcestershire \$8.00