

WILD LEEK BREAKFAST

Fresh eats & tasty treats! Served until 3pm

MAINS

NOMLETTE *GF ... The amazing vegan Nomlette! Tofu scramble, onions, mushrooms & coconut bacon. Served with side salad or roasted potato wedges ... 18

SHAKSHUKA *GFO ... A tangy tomato sauce infused with Mediterranean spices & cooked with sautéed garlic, onions, carrots, celery & bell peppers, topped with our vegan tofu egg. Served with toasted sourdough ... 17 / gfo when available +3

THE EARLY BIRDITO ... A satisfying breakfast burrito filled with a flavorful organic tofu scramble, savoury mushrooms, spiced black beans, pico de gallo, seitan bacon bits, avocado, pickled jalapeno grilled in a whole wheat tortilla, served with a side salad or potato wedges ... 19

CINNAMON BUN PANCAKES ... Warm, fluffy cinnamon bun pancakes swirled with cinnamon spice, topped with velvety cashew cream and finished with a drizzle of rich maple syrup for the perfect touch of sweetness ... 16.50

MORNING GLORY ... A classic breakfast plate with tofu scramble, potatoes, seitan bacon & toast with orange wedges ... 17

SUNRISE BENNY ... Start your day with something special! Eggy patty, seitan bacon, cheezy Hollandaise, avocado & tomato on a toasted English muffin. Topped with local sprouts and served with roasted potato wedges ... 19

SIDES

MUFFINS ... Baked fresh ... 4

ORGANIC TOFU SCRAMBLE *GF ... 5

VEGAN BACON (2) ... 4

SIDE PANCAKE ... 7

SOURDOUGH TOAST ... 2

GLUTEN-FREE SOURDOUGH ... 3

GLUTEN-FREE CORNBREAD ... 3

STEAMED KALE AND BROCCOLI ... 7

ROASTED POTATOES ... 7

ALL SAUCES & MAPLE SYRUP ... 2.50

BREAKFAST DRINKS

COFFEE - DARK ROAST ... Choice of soy, almond or oat milk. Includes a refill ... 3.85 / hazelnut or caramel shot +1

WILD TEA ... Our homemade hot beverage with fresh-pressed apple, lemon and ginger. Spicy & warming ... 5.95

HOMEMADE CHAI ... Freshly brewed Chai from our crockpot ... 4.50

OTHER TEAS ... Traditional Breakfast, Chai, Green, Peppermint, or Ginger ... 3.50

SEE OUR DRINKS MENU FOR SMOOTHIES, JUICES AND MORE!

Nut & Gluten Alert!

Heads up, food lovers! Our kitchen uses nuts and gluten. Please advise your server of any allergies or sensitivities. An auto-gratuity of 18% will be applied to tables of 5 or more.