

WILD LEEK BREAKFAST

Fresh eats & tasty treats! Served until 3pm

MAINS

NOMLETTE *GF ... The amazing vegan Nomlette! Tofu scramble, onions, mushrooms & coconut bacon. Served with side salad or roasted potato wedges ... 18

SHAKSHUKA *GFO ... A tangy tomato sauce infused with Mediterranean spices & cooked with sautéed garlic, onions, carrots, celery & bell peppers, topped with our vegan tofu egg. Served with toasted sourdough ... 16.99 / gfo when available +3

MORNING GLORY ... A classic breakfast plate with tofu scramble, potatoes, seitan bacon & toast with orange wedges ... 16.89

HERBIVORE SANDWICH *GFO ... Savoury house-made veggie pâté with pickles, sprouts, mayo, dijon, tomato & cucumber on toasted locally-made sourdough bread. Served with a choice of side salad or roasted potatoes ... 17.99 / gfo when available +3

CINNAMON BUN PANCAKES ... Warm, fluffy cinnamon bun pancakes swirled with cinnamon spice, topped with velvety cashew cream and finished with a drizzle of rich maple syrup for the perfect touch of sweetness ... 16.99

SUNRISE BENNY ... Start your day with something special! Eggy patty, seitan bacon, cheezy Hollandaise, avocado & tomato on a toasted English muffin. Topped with local sprouts and served with roasted potato wedges ... 18.99

SIDES

MUFFINS ... Baked fresh ... 4

ORGANIC TOFU SCRAMBLE *GF ... 5

VEGAN BACON (2) ... 4

SOURDOUGH TOAST ... 2

GLUTEN-FREE SOURDOUGH ... 3

GLUTEN-FREE CORNBREAD ... 3

STEAMED KALE AND BROCCOLI ... 7

ROASTED POTATOES ... 7

ALL SAUCES & MAPLE SYRUP ... 2.50

BREAKFAST DRINKS

COFFEE - DARK ROAST ... Choice of soy, almond or oat milk. Includes a refill ... 3.85 / hazelnut or caramel shot +1

TEA ... Traditional Breakfast, Chai, Green, Peppermint, or Ginger ... 3.50

WILD TEA ... Our homemade hot beverage with fresh-pressed apple, lemon and ginger. Spicy & warming ... 5.95

SEE OUR DRINKS MENU FOR SMOOTHIES, JUICES AND MORE!



Nut & Gluten Alert!

Heads up, food lovers! Our kitchen uses nuts and gluten. Please advise your server of any allergies or sensitivities. An auto-gratuity of 18% will be applied to tables of 5 or more.