

FRESH JUICE

Fresh Pressed Juices

Our juices are made from 100% whole fruits and veggies. Prepared, juiced and bottled in-house!

ENERGIZER	9
Carrot, apple, ginger.	
ELIXIR	9
Beet, apple, lemon, celery.	
FLU BOOSTER	10
Orange, ginger, celery lemon.	
KICKSTART GREENS	10
Kale, cucumber, celery, lemon, pineapple, ginger.	
BET LEMONADE	7
Beets, lemon, organic cane sugar.	

SMOOTHIES

8.25

Made with your choice of soy, almond or oat milk. Add hemp, chia or flax + 1

THE HULK

Spinach, mango, banana, apple.

STRAWBERRY FIELDS

Strawberry, banana, mango, vanilla.

BLUEBERRY BLAST

Blueberry, cranberry, banana, pineapple.

CHOCO-LITE

Organic cocoa, banana, dates, vanilla, almond butter.

DRINKS

CRANBERRY SPRITZER 7

Terra Beata Cranberry juice, raspberry seltzer, fresh-pressed orange juice.

ORANGIE GINGER 6

Fresh-pressed orange juice with spicy Propeller Ginger Beer.

GOODMORE KOMBUCHA 7

Local. Refreshing and packed with probiotics. Flavours: Ginger, Lavender Sage, Chamomile Mint, Elderflower or Rosehip Hibiscus.

CONNECTED CRAFT KOMBUCHA 7+

Local. Comes in 500ml (\$7) or 750ml (\$15). Perfect for sharing with 2-4 people. Ask your server about seasonal flavours!

CHAINYARD CIDER 6

Local. Non-alcoholic sparkling cider.

PROPELLER SODAS 5

Local. Root beer, ginger beer or lemonade!

SPARKLING APPLE JUICES 3.5

Made with local apples from Noggin's Farm. Seasonal flavours.

PERRIER 5

Original or assorted flavours: peach, lychee or raspberry.