

# WILD LEEK

*Fresh Eats & Tasty Treats Plant-Based Eatery*

## APPETIZERS

**SOUP OF THE DAY \*GF** ... Made in house, seasonal ... 9.50  
/ COMBO SPECIAL \$16.75 served with a slice of cornbread and side house salad.

**DRAGON FRIES \*GF** ... Seasoned roasted potatoes, dragon sauce, banana peppers, green onions, toasted sesame seeds ... sm 10/ lg16  
/ Add broccoli and/or seitan bacon \$2 each

**WALNUT CHORIZO TACOS \*GF (3)** ... Street style taco with walnut & chickpea chorizo, pico de gallo, fresh cilantro, chipotle crema in a soft corn tortilla ... 16

**SWEET SPICY CAULI BITES** ... Crispy cauliflower bites tossed in sweet and spicy sauce, topped with green onion & sesame ... 14

**MINI MAC & CHEESE** ... A classic topped with green onions & toasted bread crumbs ... 11.50  
/ Add broccoli and/or seitan bacon \$2 each

## SALADS

**CAESAR SALAD \*GFO** ... Kale, lettuce blend, coconut bacon, croutons, creamy house made Caesar dressing, cashew Parmesan ... sm 12.50/lg 16.50  
/ Add organic grilled tofu \$3 or crispy tofu \$4

**POWER SALAD \*GF** ... Kale, quinoa, roasted sweet potato, grilled tofu, avocado, pickled red onion, dried cranberries, pumpkin seeds, spicy almond dressing ... 17

**DELUXE FALAFEL SALAD** ... Crispy falafel bites, lettuce blend, cucumber, tomato, hummus, pickled red onion, olives, parsley, lemon tahini dressing ... 18

**HOUSE SALAD \*GF** ... Lettuce blend, carrot, cabbage, beet and our dilly dressing ... 8

## HANDHELDS

All handhelds are served with a choice of house salad or potato wedges. Upgrade your side to dragon fries/caesar salad/cup of soup +\$4

**FRENCH ONION & BACON BURGER** ... House-made veggie-bean patty, caramelized onion mayo, vegan bacon, cashew mozza cheese sauce on a toasted bun topped with a pickle and an onion ring! ... 21

**ULTIMATE CLUB** ... Organic tofu, coconut bacon, tomato, lettuce blend, avocado, pickles and garlic mayo, whole wheat wrap ... 20.50

**DONAIR WRAP** ... House-made seitan, onion, lettuce, tomato, donair sauce, whole wheat tortilla ... 19

**TITANIC BURRITO \*GFO** ... Black beans and veggie sausage crumble, organic tofu scramble, avocado, tomato, sweet potato, chipotle sauce, salsa, whole wheat tortilla ... 21

**VEGGIE REUBEN** ... Smokey seitan, sautéed mushrooms, sauerkraut, house made remoulade on toasted marble rye topped with a pickle ... 20

## BOWLS

**WILD BOWL \*GF** ... Organic seasoned tofu, brown rice, steamed kale and broccoli, shredded carrots, cabbage, beets, toasted sesame seeds, dragon sauce ... 20

**TUSCAN CHICK-UN RIGATONI** ... Crispy Chick-un Tofu, sun-dried tomato & roasted garlic cream sauce, spinach & broccoli topped with & sunflower parmesan and roasted chickpeas ... 22

**SPICY GINGER MISO NOODLES \*GF** ... Ginger miso sauce, rice noodles, seared organic tofu, broccoli, carrot, cabbage, green onion and Sriracha cashews ... 19

**KIMCHI KOMBO BOWL \*GFO** ... Sticky soy garlic beef-less beef, brown rice, pickled cucumbers & red onion, shredded cabbage, radish, carrot, house made kimchi ... 22

*Nut & Gluten Alert!*

*Heads up, food lovers! Our kitchen uses nuts and gluten. Please advise your server of any allergies or sensitivities.*

*An auto-gratuity of 18% will be applied to tables of 5 or more.*